

HELP SPREAD HOLIDAY CHEER!

ALL DONATIONS APPRECIATED

HOLIDAY:

*Holiday meats !(we will freeze)
Holiday treats! Crackers and Cookies, etc.
Sparkling apple cider & juices
Coffee & Teas*

BAKING SUPPLIES:

*Flour & Sugar (brown or white)
Muffin mixes, spices, nuts,
pie crust mix, brownie mix
Condensed milk
Cooking Oils or shortening
Evaporated/condensed milk
Chocolate chips & nuts*

BASIC FOODS:

Canned pears
Chili
Refried beans
Oatmeal

\$25 Grocery Store Gift Cards



282 KNECHTEL WAY NE, BAINBRIDGE ISLAND
volunteerservices@helplinehouse.org 206.842.7621

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THANKS

FOR

GIVING

For a HAPPY HOLIDAY FOR ALL

GOOD NUTRITION

Everyone appreciates nutritious foods that provide substance to meals, especially those foods containing protein. More than a quarter of those we serve are children, who will appreciate "kid-friendly" foods such as breakfast cereals and soups.

VARIETY IS THE SPICE OF LIFE

Food staples such as rice, beans, meats, dairy, vegetables and fruit form the basis of a healthy diet. A variety of other items are appreciated: pasta sauces, baking products, coffee, snack or cookies and "hearty" soups.

EXTRA VALUE FOR YOUR DOLLAR

Please consider a financial donation. Helpline purchases some food items in bulk at excellent value. Helpline also uses money to purchase food from local island vendors.



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